Timing (Clap Along Exercises) will help you;

- Establish a beat and get you in sync with the pulse of the music so that you can begin to play along with music
- Be able to spot inaccurate tabs or sheet music that have mistakes in them so that you can work out what you need to figure out by ear
- Associate sounds that you hear with the rhythms that you see on paper so that new music is easier to learn

Note for intermediate/advanced players: The timing examples provided are very basic, you may want to try the following exercises with your favourite music at medium-high tempos by trying to find the underlying beat. This is the main pulse, that is evenly spaced throughout the song.

The unique benefit to timing exercises is that it helps you find the main pulse of the music, off of which other more complicated rhythms synchronize to at certain points throughout the piece. Timing is the foundational skill that will help you develop higher levels or rhythm comprehension.

In the audio examples provided you will develop this skill by using the process shown in the table below. **If you are brand new to timing, clap along with the metronome before the music starts and then continue to clap without stopping during or after the music has played.**

You will hear some counts of a metronome to establish the beat. This is not always the same amount of beats.	You will hear music play. As soon as you can during your listening, clap along to the music.	Do not stop clapping! The music will stop for a short time, you must keep clapping the beat	The music will return for a second time, you are still clapping. If you are not in time with the music adjust your clapping to match it	After the music has stopped for the second time you can stop clapping. If you felt that you weren't in time, repeat the steps before	← Think you did it well? Record yourself clapping to the music and make sure your clapping is dead on time before moving on